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| Spanish | English |
| HIERBAS - HERBS / ESPECIAS - SPICES | |
| pimienta de Jamaica | allspice |
| anís | anise |
| albahaca | basil |
| una hoja de laurel | a bayleaf |
| borraja | borage |
| alcaravea | caraway |
| cardamomo | cardamom |
| pimienta de cayena | cayenne pepper |
| perifollo | chervil |
| chile | chili |
| cebollinos | chives |
| canela | cinnamon |
| clavos | cloves |
| cilantro, coriandro | coriander |
| comino | cumin |
| curry | curry |
| eneldo | dill |
| hinojo | fennel |
| fenogreco, alholva | fenugreek |
| finas hierbas | fines herbes |
| ajo | garlic |
| jengibre | ginger |
| enebro | juniper |
| melisa | lemon balm |
| limoncillo | lemon grass |
| macis, macia | mace |
| mejorana | marjoram |
| menta | mint |
| mostaza | mustard |
| nuez moscada | nutmeg |
| orégano | oregano |
| pimentón dulce, paprika | paprika |
| perejil | parsley |
| pimienta | pepper |
| hierbabuena | peppermint |
| semillas de amapola | poppy seeds |
| romero | rosemary |
| azafrán | saffron |
| salvia | sage |
| ajedrea | savory |
| semillas de ajonjolí/sésamo | sesame seeds |
| menta verde | spearmint |
| estragón | tarragon |
| tomillo | thyme |
| cúrcuma | turmeric |
| vainilla | vanilla |
| HERB WORDS | |
| molido | ground |
| entero | whole |
| semillas | seeds |
| granos de pimienta | peppercorns |
| polvo chile en polvo | powder chili powder |
| vaina de vainilla | vanilla pod |
| un trozo de canela en rama | a cinnamon stick |
| hebras de azafrán | saffron strands |
| EXPRESSIONS | |
| ¡Ábrete sésamo! | Open sesame! |
| No me importa un comino. | I couldn't care less. |
| ser canela fina  Este vino es de canela fina. | to be exceptional This wine is pure nectar. |
| dormirse en/sobre los laureles | to rest on one's laurels |
| el que se pica ajos come | if the cap fits, wear it |
| echar/soltar ajos | to swear |
| estar metido en el ajo | to be mixed up / to be involved in something |
| ¡Ajo y agua! | I'll/You'll/She'll have to put up with it. |